

Insalata's

Celebrating 25 years

dinner

tapas, mezze, and piccolo

house baked focaccia

whipped feta, za'atar 6

hummus

"green goo," sumac, pine nuts, warm pita 8
add calabrian chiles 2

kremedesalata

smoked caramelized onions, greek yogurt, roasted garlic, miso, crispy shallots, chives, warm pita 9

mezze plate

falafel with tahini, hummus, smokey chickpeas, olives, cucumber, fennel and quinoa salad, sumac onions, za'atar pita 20

ahi tuna crudo

smashed cucumber salad, radish, avocado, cilantro - chili broth, meyer lemon 18

cataplana

manilla clams, mussels, linguica, sofrito, saffron, almond romesco sauce, crispy prosciutto gremolata, toasted focaccia 15

roasted asparagus and broccoli

asparagus tips, broccoli di ciccio, lemon and black garlic vinaigrette, tahini, crispy chickpeas 12

eggplant fries

crispy eggplant, mint cilantro chutney 10

moroccan lamb kefta

lamb meatballs, spicy tomato shakshuka, manouri cheese, pickled chilies, grilled flatbread 13

marinated olives 5

anchovy stuffed spanish olives 5

greens and things

little gem wedges

crisp gem lettuces, sweet corn, snap peas, avocado, radish, pickled fennel, five seed crunch, manouri cheese, poblano ranch, herbs 14

syrian fattoush salad

romaine lettuce, toasted pita, feta cheese, onions, cherry tomatoes, olives, cucumber, cilantro, mint, lemon vinaigrette 13

mista

organic lettuces, prosciutto, pickled red onions, grana padano cheese, pine nuts, radish, balsamic vinaigrette 12

today's seasonally inspired soup 9

pasta and grains

fettucine

egg yolk fettucine, braised rabbit ragout, pancetta, artichokes, snap peas, fines herbs, mint, pecorino 26

ricotta gnocchi

house made pork sausage, beech mushrooms, asparagus, roasted garlic, preserved lemon, basil, parmesan 24

middle eastern inspired vegetarian platter

lemony lentils, curried spinach, roasted acorn squash, tomato-pistachio relish, turkish yogurt, couscous 22

meat and poultry

vadouvan marinated lamb skewer

lamb fillet, baby artichokes, bulgar, black quinoa, sunchoke puree, sunflower seeds, spring onion zaatar, tahini 32

yogurt marinated grilled chicken

roasted butternut squash, baby kale, cilantro, dill, preserved lemon, tahini yogurt, sesame zhoug 26

snake river farms bavette steak

grilled american wagyu, truffled onion soubise, grilled asparagus, king trumpet mushrooms, smashed potatoes, red wine jus* 33

merguez lamb burger

house made lamb merguez patty, manchego cheese, dill pickles, sumac onions, tzatziki, soft herb salad, zhoug spiced french fries 23

seafood

grilled salmon

corn chowder, maitake mushrooms, snow peas, roasted corn, green garlic, green tomato relish, crispy lentils, thai basil* 34

baked flounder tagine

moroccan carrot tagine, cilantro panko crust, english peas, french carrots, roasted fennel, lemon yogurt, toasted almonds, preserved lemon 30

water served on request

*consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness

cocktails

- tidfall** alamere espelette pepper infused vodka, pineapple, almond orgeat, cappelletti, lime 13
- gin & tonic** condasa gin, fever tree tonic, juniper berries, grapefruit, thyme 13
- high noon** mezcal, reposado, peach, lime, habanero, peychaud bitters 13
- smoke & mirrors** tequila, mezcal, pineapple, lime 13
- bourbon smash** bourbon, lemon, orange, ginger, angostura bitters 13
- paloma italiano** tequila, grapefruit, cocchi rosa, soda 13
- negroni classico** st. george botanivore gin, gran classico, punt e mes 14
- t.c. manhattan** rye, carpano antica vermouth, orange bitters 13
- apple highball** neversink apple aperitif, fever tree yuzu lime soda, orange bitters 11 low proof
- treasure chest** ghia aperitivo, passion fruit, almond orgeat, lime 9 non-alcoholic
- garden party** seedlip garden, fever tree yuzu lime soda, mint, lemon 8 non-alcoholic

wine by the glass

sparkling

- 2018 **reserva brut** mestres, 1312, cava, spain 12
- MV **rosé of pinot noir** poe 'ultraviolet' napa, california 14
- 2017 **chenin blanc brut nature**, la fontainerie, vouvray, france 18

white

- 2020 **melon** lieu dit, santa maria valley, santa barbara, california 14
- 2019 **albariño** marimar estate 'don miguel vineyard' russian river valley, california 14
- 2020 **roditis** kontozisis 'drop by drop' karditsa, greece 13
- 2020 **riesling/sauvignon blanc** steirischer spiegel, polz, südsteiermark, austria 12
- 2021 **sauvignon blanc** duckhorn, napa valley, california 14
- 2020 **sauvignon blanc** domaine des vieux pruniers, sancerre, france 16
- 2018 **pinot auxerrois / sylvaner** les vins pirouettes, alsace, france 17
- 2019 **chenin blanc** le rocher des violettes, montlouis, loire, france 16
- 2018 **chardonnay** dutton estate, russian river, sonoma county, california 15

pink

- 2021 **rosé of pinot noir** scribe 'the empress' sonoma valley, california 15

red

- 2020 **poulsard** domaine courbet, cotes du jura, france 19
- 2020 **pinot noir** anthill farms, anderson valley, california 20
- 2019 **pinot noir** two messengers, maison l'envoye, willamette valley, oregon 15
- 2018 **gsm** preston, dry creek valley, sonoma, california 15
- 2018 **zinfandel** macauley, napa valley, california 18
- 2016 **malbec** siesta, tahuantinsuyu, mendoza, argentina 19
- 2019 **cabernet sauvignon** maître de chai, massa vineyard, carmel valley, california 19
- NV **bordeaux blend** cain 'nv 17 cuvée' napa valley, california 18

beer

- cans 16 oz.
- denim tux pilsner** bow & arrow, albuquerque, new mexico 7
- saison** henhouse, sonoma, california 7
- stoked! pale ale** henhouse, sonoma, california 7
- so far, so bueno hazy ipa** bow & arrow, albuquerque, new mexico 8
- high ena cherry & lime sour ale** tripping animals, doral, florida 9
- non alcoholic beer** 12 oz. bravus brewing company, anaheim, california 5

- cider** le père jules, normandie, france 6

house soda

- grapefruit-thyme 6
- lavender-lemon 6

