

Insalata's

Celebrating 25 years

lunch

tapas, mezze, and piccolo

house baked focaccia
whipped feta, za'atar 6

hummus
"green goo," sumac, pine nuts, warm pita 8
add calabrian chiles 2

mezze plate
falafel with tahini, hummus, smokey chickpeas, olives,
cucumber, fennel and quinoa salad, sumac onions,
za'atar pita 20

eggplant fries
crispy eggplant, mint cilantro chutney 10

marinated olives 5

anchovy stuffed spanish olives 5

greens and things

avocado toast
smashed avocado, grilled honey oat caraway
bread, poached egg, tahini yogurt, zoug, herbs 14

grilled salmon and asparagus salad
quinoa tabouleh, shaved fennel, cucumber, radish,
avocado, kumquats, sunflower seeds, mint, dill, green
goddess dressing 27

crostata of the day
warm seasonal savory galette, mixed green salad 20

mista
organic lettuces, prosciutto, pickled red onions, grana
padano cheese, pine nuts, radish, balsamic
vinaigrette 12
add grilled fillet of salmon * 27

syrian chicken fattoush salad
romaine lettuce, toasted pita, feta cheese, onions,
cherry tomatoes, olives, cucumber, cilantro, mint,
lemon vinaigrette 21
salmon fattoush * 27
split fattoush additional 3

today's seasonally inspired soup 9

soup - salad

combination plate 20
soup of the day with chicken fattoush
substitute salmon* 27

pasta and grains

fettuccine
house made fettuccine, porcini mushrooms, corn,
english peas, basil, grana padano 26

lamb aushak
ricotta and smokey eggplant agnolotti, spiced lamb,
brown butter pine nuts, slow roasted tomatoes,
cilantro, dill, sumac, garlic yogurt 25

middle eastern inspired vegetarian platter
lemony lentils, curried spinach, japanese eggplant,
tomato-pistachio relish, turkish yogurt, couscous 22

sandwiches and flatbread

insalata's burger
ground chuck, sharp white cheddar cheese,
zhoug pickles, harissa aioli, red onion,
house made brioche bun, shoestring potatoes * 18

merguez lamb burger
house made lamb merguez patty, manchego
cheese, dill pickles, sumac onions, tzatziki,
soft herb salad, zhoug spiced french fries * 23

grilled lamb on grilled flatbread
za'atar, lemony greens, tomatoes, cucumbers,
sumac onions, cumin yogurt * 24

seafood

steamed prince edward island mussels
sweet herbs, shallots, white wine, cream,
shoestring potatoes 18

water served on request

*consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of foodborne illness

cocktails

peach bellini white peach puree, prosecco 13

grapefruit spritz mommenpop ruby grapefruit aperitif, sparkling wine 12

mimosa fresh squeezed orange juice, prosecco 12

gin & tonic gin, fever tree tonic, juniper berries, grapefruit, thyme 13

spicy bloody mary vodka, tomato, horseradish, worcestershire, lemon, aleppo salt 12

spirit free spritz ghia aperitif, soda, grapefruit, orange, thyme non-alcoholic 8

wine by the glass

sparkling

2018 reserva brut mestres, 1312, cava, spain 12

MV rosé of pinot noir poe 'ultraviolet' napa, california 14

NV brut roederer estate, anderson valley, california 15

white

2020 melon lieu dit, santa maria valley, santa barbara, california 14

2019 albariño marimar estate, don miguel vineyard, russian river valley, california 14

2020 riesling/sauvignon blanc steirischer spiegel, polz, südsteiermark, austria 12

2021 white blend furlani 'möni' alto adige, italy 15

2021 sauvignon blanc duckhorn, napa valley, california 14

2020 vermentino erne, tuscany, italy 10

2018 pinot auxerrois / sylvaner les vins pirouettes, alsace, france 17

2021 chardonnay scribe, 'along the palms' sonoma valley, california 19

pink & chilled red

2021 rosé of pinot noir scribe 'the empress' sonoma valley, california 15

2021 carignan/pinot blanc vinca minor, mendocino, california 16

red

2020 poulsard domaine courbet, cotes du jura, france 19

2020 pinot noir anthill farms, anderson valley, california 20

2019 pinot noir two messengers, maison l'envoye, willamette valley, oregon 15

2018 zinfandel macauley, napa valley, california 18

2016 malbec siesta, tahuantinsuyu, mendoza, argentina 19

2019 cabernet sauvignon maître de chai, massa vineyard, carmel valley, california 19

NV bordeaux blend cain 'nv 17 cuvée' napa valley, california 18

beer

cans 16 oz.

wishful affections italian pilsner nost brewing project, fort monroe, virginia 7

super bloom kolsch morgan territory brewing, tracy, california 7

stoked! pale ale henhouse, sonoma, california 7

juice jr. hazy ipa ruse brewing, portland, oregon 8

hollow planet double ipa henhouse, sonoma, california 9

boost coffee stout almanac, alameda, california 7

non alcoholic beer 12 oz. bravus brewing company, anaheim, california 5

cider le père jules, normandie, france 6

house soda

strawberry-coriander shrub 7

grapefruit-thyme 6

